

ISCPS 2026

4th International Scientific Conference on Professional Studies

29 May 2026

OFFICIAL CONFERENCE PROGRAMME

SPEAKER OF THE PROGRAMME

Dr. Ada Gashi



Medical
Sciences

59

Total Presentations



Engineering &
Natural Sciences

30

Medical Sciences



Social Sciences
& Humanities

15

Social Sciences
Humanities

14

Engineering Sciences

Faculty of Professional Studies · University "Aleksandër Moisiu" Durrës, Albania

Day at a Glance

Time	Event	Location
09:30 – 10:00	Registration	Foyer
10:00 – 11:00	Opening Ceremony & Welcome Address	Conference Hall
11:00 – 11:30	Coffee Break	Foyer
11:30 – 15:58	Parallel Sessions (3 rooms — see detailed programme)	Room A Room B Room C
15:58	Closing Ceremony, Best Paper Awards & Farewell	Conference Hall

Opening Ceremony — Speakers

Prof. Dr. Shkelqim Fortuzi	Rector, University "Aleksandër Moisiu" Durrës
Prof. Asoc. Rezarta Kalaja	Dean, Faculty of Professional Studies
Klodiana Spahiu	Deputy Speaker of the Assembly of Albania
Renis Mullaj	Director, Regional Hospital of Durrës (SRD)
Alneida Rroshi	Director of the Legal Directorate, Municipality of Durrës
Alban Ramohitaj	Director, Historical Museum of Durrës
Albi Gjoka	Advisor to the Ministry of Internal Affairs

Session Overview by Room

Room	Discipline	Papers	Session Time
Room A — Conference Hall	Medical Sciences	30	11:30 – 17:28
Room B — Room 001	Social Sciences & Humanities	16	11:30 – 14:40
Room C — Maritime Laboratory	Engineering Sciences & Natural Sciences	14	11:30 – 14:16

Each presentation is allocated 10 minutes followed by a 2-minute transition. All three parallel sessions run simultaneously.

Total presentations: 60 (30 Medical Sciences · 16 Social Sciences & Humanities · 14 Engineering & Natural Sciences)

Room A — Conference Hall

Medical Sciences

11:30 – 17:28 · 30 presentations

Moderator: D. Haxhihyseni, M. Kallco, E. Nepravishta, V. Zanaj

No	Time	Presentation Title	Author(s)
01	11:30 – 11:40	From Gaps to Experiences: A Comparative Analysis of Gap-Based and Performance-Only (PREM) Models of Hospital Service Quality in Albanian Public Hospitals	Rezarta Kalaja, Armida Jani
02	11:42 – 11:52	Untreated Dental Caries and the Incidence of Pulpitis in Primary School Children: Urban/Rural and Public/Private School Comparison	Armida Jani, Rezarta Kalaja
03	11:54 – 12:04	Dentin Hypersensitivity: Pathophysiological Mechanisms and Contemporary Management Strategies	Adela Qorri, Rozarka Budina, Arlinda Karaj, Sara Bregu
04	12:06 – 12:16	Lasers in Dentistry	Orion Mucaj, Eriselda Hoxha
05	12:18 – 12:28	Effectiveness of Customized Intraoral Protection in Preventing Dentofacial Trauma in Close-Contact Sports: A Literature Review	Lorena Haxhihyseni, Lindita Agolli, Rezarta Kalaja
06	12:30 – 12:40	Predicting Gallstone Disease through Machine Learning Algorithms and Optimization Models	Eris Zeqo, Edjola Naka
07	12:42 – 12:52	The Effect of Post-Respiratory Rehabilitation in Patients Infected with COVID-19	Brikena Topi, Selda Sokoli, Aida Zotaj, Ledjona Myrtaj
08	12:54 – 13:04	Postural Problems in Female Athletes: The Importance of Information and the Role of the McKenzie Method in Improving Performance	Genta Nallbani, Arzen Voci, Orest Shyta
09	13:06 – 13:16	Prevalence of Urinary Incontinence in Women in the Durrës District	Daniela Haxhihyseni, Jorida Zoga, Lorena Haxhihyseni
10	13:18 – 13:28	Age-Related Distribution of Vaginal Pathogens and Polymicrobial Infections in Women Attending Gynecological Consultation: A Cross-Sectional Study	Migena Priti, Jorida Zoga
11	13:30 – 13:40	Study of Stroke in Young Patients at Regional Hospital of Durrës (2021–2025)	Edlira Harizi, Esmeralda Zace, Kledisa Shemsi, Nensi Sulstarova, Gjergj Qerimi
12	13:42 – 13:52	Morbus Alzheimer and Other Forms of Dementia in Albania: Epidemiological Trends, Informal Care and System Gaps	Rezarta Kalaja, Hariklie Doci
13	13:54 – 14:04	COVID-19 and Autoimmune Diseases	Anisa Liti
14	14:06 – 14:16	Antimicrobial Resistance in Italy: A Systemic and Policy-Oriented Analysis	Raselda Rusta
15	14:18 – 14:28	The LI-RADS System in the Evaluation of Hepatic Lesions: Diagnostic Accuracy and Grey Areas of Classification – A Theoretical Review	Erinda Frroku

Room A — Conference Hall (continued)**Medical Sciences**

11:30 – 17:28 · 30 presentations

No	Time	Presentation Title	Author(s)
16	14:30 – 14:40	Wound Management through Innovative Methods: VAC Therapy	<i>Blerim Maloku</i>
17	14:42 – 14:52	Healthcare Professionals Adherence to Surgical Hand Hygiene Guidelines for Surgical Site Infections' Prevention	<i>Ervin Nepravishta, Eris Nepravishta, Tiziana Ceka</i>
18	14:54 – 15:04	Compliance with Guidelines for Effective Prevention Measures of Surgical Site Infections: Hand Hygiene and Protection	<i>Eris Nepravishta, Skender Topi, Armela Kapaj, Ervin Nepravishta</i>
19	15:06 – 15:16	Nursing Care in Patients with Renal Insufficiency	<i>Violeta Zanaj, Ledi Necaq, Joana Bregasi</i>
20	15:18 – 15:28	Assessment of Nutritional Status in University Students, Effects on Health	<i>Emirjeta Kuniqi, Bledar Kraja, Enis Uruçi, Migena Prifti, Majlinda Kallço, Jorida Zoga</i>
21	15:30 – 15:40	The Freshman 15 at University "Aleksandër Moisiu", Durrës	<i>Jorida Zoga, Majlinda Kallco, Indrit Bimi, Migena Prifti, Daniela Haxhihyseni</i>
22	15:42 – 15:52	Association Between Serum Calcium Levels, Dairy Consumption Frequency, and Muscle Contractions in Football Players Aged 18–30 Years: A Cross-Sectional Study	<i>Irida Ikonomi-Hoxha, Silvi Bozo, Eftiola Pojani, Bertina Hoxha-Lami, Dhurata Bozo</i>
23	15:54 – 16:04	Digital Addiction and Consumer Behavior: Neurological and Marketing Perspectives on the Design of Media Platforms in Impacting Health	<i>Anita Paramoni</i>
24	16:06 – 16:16	Artificial Intelligence in Hospital Governance: Transitioning from Reactive Audit to Proactive Quality Management	<i>Brikena Sinani, Adriatic Gabrani, Ines Argjiri</i>
25	16:18 – 16:28	Immediate and Long-Term Effects of Taopatch Nanotechnology on Chronic Neck Pain: A Case Study Proposal with Literature-Based Rationale	<i>Aida Zotaj, Rajmonda Milloshi, Selda Sokoli</i>
26	16:30 – 16:40	Patterns and Trends in Trauma Incidents Attended by Emergency Medical Services: An Analysis of 2022–2025 Data	<i>Aurel Doda</i>
27	16:42 – 16:52	Emergency Medical Service Calls and Patient Visits: Trends, Nursing Implications, and a Four-Year Analysis (2022–2025)	<i>Indrit Bimi, Aurel Doda</i>
28	16:54 – 17:04	Violence-Related and Special Incident Calls in Emergency Medical Services: Trends, Nursing Perspectives, and a Four-Year Analysis (2022–2025)	<i>Indrit Bimi, Aurel Doda</i>
29	17:06 – 17:16	Surgical Gynecological Nursing: A Literature Review	<i>Daniela Bimi</i>
30	17:18 – 17:28	Use of Optical Imaging Techniques in Childhood Myopia Screening in Albania	<i>Marsida Krasniqi</i>

Room B — Room 001

Social Sciences & Humanities 11:30 – 14:40 · 16 presentations Moderator: L. Hasani

No	Time	Presentation Title	Author(s)
01	11:30 – 11:40	The Free Movement of "Rainbow" Families in the European Union: Between National Identity and the Primacy of EU Law	<i>Iris Dhamo, Ana Dhamo</i>
02	11:42 – 11:52	The Smartphone as a "Digital Domicile": New Frontiers of Constitutional Guarantees Between Evidentiary Seizure and Freedom of Communication	<i>Ana Dhamo, Iris Dhamo</i>
03	11:54 – 12:04	Normative Conflict between Customary Law and the Albanian Family Code in the Case of Inheritance and Gender Equality	<i>Greta Petriti</i>
04	12:06 – 12:16	Artificial Intelligence in Criminal Justice in Albania: A Risk or a Tool for More Effective Justice	<i>Gentian Koci, Anisa Gju</i>
05	12:18 – 12:28	Criminal Law Challenges in the Metaverse: New Forms of Harm and Legal Responses	<i>Zhaklinë Meçani</i>
06	12:30 – 12:40	Aligning Dual Education Systems with Labor Market Needs: A Strategic Framework for Sustainable Workforce Development	<i>Ada Gashi</i>
07	12:42 – 12:52	Intellectual Capital, Governance and Sustainable Development: Toward an Integrated Policy Framework in Higher Education	<i>Evelina Lusha, Majlinda Velçani</i>
08	12:54 – 13:04	The Role of Communication in the Effective Management of Organizations	<i>Luljeta Hasani, Fatos Hasani</i>
09	13:06 – 13:16	The Dynamics of Albania's Tourism Labor Market: Challenges, Skills Gaps, and Future Opportunities	<i>Leons Hasani, Erion Deda</i>
10	13:18 – 13:28	Assessing the Impact of the Blue Economy on Economic Growth in Albania: An Econometric Analysis of Key Maritime Sectors	<i>Redon Mehmeti, Kristina Lata</i>
11	13:30 – 13:40	Navigating the Skies: Challenges by Drone Delivery in E-Tourism (Albanian Case)	<i>Alma Stana</i>
12	13:42 – 13:52	The Effectiveness of Support Policies in Integrating Albanian Farmers into Formal Markets	<i>Maksim Meço, Elizabeta Susaj, Fidel Gjurgji</i>
13	13:54 – 14:04	Perception of Albanian Young Generation on EU Integration	<i>Vasilika Papa</i>
14	14:06 – 14:16	Governance and Regional Innovation Ecosystems in the Twin Transition: Integrating Green and Digital Transformation in the Western Balkans	<i>Redi Myshketa, Szabolcs Nagy</i>
15	14:18 – 14:28	Challenges and Issues of Digital Cadastral Procedures: The Case of Albania	<i>Andela Petraj</i>
16	14:30 – 14:40	Digitalization of Insurance in Albania and its Impact on Risk Management and Economic Development	<i>Dr. Marsela Resulaj</i>

Room C — Maritime Laboratory**Engineering Sciences & Natural Sciences**

11:30 – 14:16 · 14 presentations

Moderator: E. Kodra, A. Liti, A. Hysa, L. Gjyli, J. Priska

No	Time	Presentation Title	Author(s)
01	11:30 – 11:40	Applying the 'Lessons Learned' Framework to Local Environmental Governance: A Policy Analysis of Waste Management in the Durrës Region	<i>Elma Kodra, Stela Sefa, Drita Hima</i>
02	11:42 – 11:52	Construction Waste Management on Construction Sites: Practice, Challenges and Perspectives	<i>Altin Seranaj, Alma Golgota, Arsela Vogli, Adnand Myshketa</i>
03	11:54 – 12:04	A Critical Review of Life-Cycle Assessment Applications in Post-Disaster Reconstruction: Identifying the System-Level Research Gap in Durrës, Albania	<i>Stela Sefa, Elma Kodra, Blerta Gërmënji, Erion Mali, Drita Hima, Luiza Lluri, Justin Mihani</i>
04	12:06 – 12:16	AI-Driven Optical Waste Separation Systems for Intelligent and Sustainable Recycling	<i>Luiza Lluri, Faldi Lluri</i>
05	12:18 – 12:28	Daylight and Occupancy-Based Lighting Control: A Case Study of an Academic Building	<i>David Meçani</i>
06	12:30 – 12:40	Remote Monitoring of Voltage, Current, and Harmonics Using a Multi-Node Virtual Instrument in LabVIEW	<i>Gentian Dume, Aldi Muçka, Klajdi Kamberi</i>
07	12:42 – 12:52	A Comparative Review of DCM-Operated PFC Cuk Converter Fed SRM and BLDC Drives Using Intelligent Control Techniques	<i>Blerta Gërmënji, Aida Spahiu</i>
08	12:54 – 13:04	IoT-Enabled Intelligent Control of BLDC Electric Drives in Renewable Energy Systems: A Review	<i>Blerta Gërmënji, Stela Sefa, Erion Mali</i>
09	13:06 – 13:16	The Quantity of Sulfides in the Aggregate is Important in Refractory Concrete	<i>Altin Seranaj, Arsela Vogli, Alma Golgota</i>
10	13:18 – 13:28	From the Solar System to Exoplanetary Systems: A Comparative Approach Through Computational Simulation	<i>Azem Hysa, Mimoza Hafizi</i>
11	13:30 – 13:40	Effect of Flour Improvers and Enzymatic Additives on the Rheological and Technological Properties of Wheat Flour Dough	<i>Majlinda Sana, Albulena Xhurkaj, Viktorija Stamatovska, Gafur Xhabiri, Abdyll Sinani</i>
12	13:42 – 13:52	Institutional and Legal Set-Up on Management and Monitoring of Sentinel Marine Species along the Albanian Coast	<i>Erjola Keci, Rexhina Alite, Marsida Ismaili, Altin Gjini, Majlinda Velçani</i>
13	13:54 – 14:04	Assessment of the Carbon Dioxide Situation in Durrës Porto Romano Complex	<i>Marsida Klemo, Milidin Bakalli, Julian Priska, Osman Metalla, Alma Golgota, Sehit Daci</i>
14	14:06 – 14:16	An Artificial Intelligence-Based Renewable Energy Forecasting Program for Demand Management in Smart Grids	<i>Majola Sallaku, Eda Tabaku</i>